



Dementia Support



Care & Share groups – a warm and welcoming place to socialise and make new friends for people with mild to moderate dementia and their family carers.

12.30pm – 3.30pm,
1st & 3rd Friday of the month

Albrighton Methodist Church Hall, High Street
Albrighton, WV7 3JA

Find out more:

Call 01743 360641

Email enquiries@community-resource.org.uk

Care and Share takes place twice a month for people with mild to moderate dementia and their family carers.

Members can relax and socialise with those with similar experiences.

The sessions start with a shared lunch followed by facilitated activities including reminiscence games, crafts, local visits or talks from visiting speakers.

There is a monthly membership fee for joining the group (potential members are welcome to attend a free trial session before deciding to join).



About us

Community Resource is a charity that is committed to making life better for people and communities facing challenges in Shropshire, Telford & Wrekin.

www.community-resource.org.uk

01743 360641

enquiries@community-resource.org.uk

