



HEALTH AND SAFETY

POLICY FOR LONE WORKING

It is the responsibility of anyone working alone to assess the risk of any tasks undertaken and to take steps to avoid or control risk where necessary. They should take reasonable care of themselves and any other people affected by their acts or omissions.

When the risk assessment shows it is not possible for the work to be done safely by a lone worker arrangements for providing help should be sought.

When assessing risk some points which should be considered are:

1. Emergencies e.g. fire, equipment failure, illness, accidents, electrical failure.
Location of first aid kit?
2. Safety issues regarding equipment e.g. portable ladders, electrical equipment, working at height. Do you know how the equipment works?
3. Does the job involve moving or lifting heavy weights?
4. Should any special equipment be brought in?
5. Are there any medical conditions that may make the lone worker unsuitable for the task?

Lone workers should ensure that someone knows where they are, and ideally should carry a mobile phone.

Original policy February 2007 – revised and approved by Admin-IWG May 2024 – due for review May 2025